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# PHYSIOTHERAPY SPECIALIST REFERRALS

Physiotherapy Specialists provide consultancy services on diagnosis, management and rehabilitation.

Patients receive a 1-hour initial consultation and are then returned to the referring provider with recommendations and a treatment plan.

### **Purpose**

The objective of the Physiotherapy Specialist Service is to provide patients with timely access to a physiotherapy specialist assessment, rehabilitation, and treatment planning services that facilitates a prompt, cost-effective and sustainable return to independence and/or work or education.

### **Physiotherapy Specialist Services**

Physiotherapy Specialists provide the following:

- Diagnostic or management review for patients who are not progressing
- Rehabilitation review and recommendations
- · Accessing appropriate investigations to assist with treatment planning
- Providing an Assessment, Rehabilitation and Treatment Plan (ARTP) and advice to ACC clients and interested parties
- Liaising with referring providers
- Providing referral to an appropriate treatment provider to implement the treatment plan if required.

After the initial consultation, patients are returned to the referring provider for ongoing management. If the patient is not progressing we can arrange a limited number of follow-ups for the purposes of revising the treatment plan (maximum of 4 follow-ups available). Physiotherapists who refer patients for Physiotherapy Specialist consultation are encouraged to attend the appointment with the patient where able.

Click these links for more information about Physiotherapy Specialist Services or for Referral Forms.

#### **Physiotherapy Specialist Service Eligibility**

## **ACC Clients**

Patients can be referred for Physiotherapy Specialist services if:

- The patient has an accepted ACC claim for the injury (the ACC claim must include a Read Code that matches the body site).
- The patient is referred by a registered health practitioner
- The referral states "Physiotherapy Specialist Assessment"

After receiving the referral, the patient will be contacted to make an appointment. Referral forms are available from: <a href="https://www.advancephysiotherapy.co.nz/referral-forms.html">https://www.advancephysiotherapy.co.nz/referral-forms.html</a> . There is no surcharge for ACC who have an accepted claim for the injury being referred for assessment.

## **Accredited Employers or Third Party Funders**

Please obtain prior approval from accredited employers (or other non-ACC funders) **before** referring the patient for Physiotherapy Specialist assessment. Confirmation of prior approval is required before the patient can be booked for an appointment.

#### **Private Patients**

Physiotherapy Specialists are also happy to see private patients. Patients may self-fund or can claim private insurance if their policy covers "Physiotherapy" services.

#### Referrals

Written referrals are required in which "Physiotherapy Specialist Assessment" is specifically requested.

On receipt of the referral the patient will be contacted to make an appointment. A full report will be provided within 7 days of the consultation.

## What we require before the FIRST appointment:

- Referral Form completed (link below) **OR** other referral documentation containing:
  - o Patient and referrer contact details
  - ACC claim number and date of injury
  - Names of other medical/health professionals involved in the patient's care to whom the ARTP report should be copied.
- Copy of any other specialist letters or information relevant to the condition being referred.
- ACC Case Manager name and contact details
- Confirmation of prior approval from accredited employers / third party funders.

## What we provide to you:

A comprehensive report will be provided within 2 days of the appointment detailing:

- Clinical findings
- Diagnosis
- Treatment and Rehabilitation Plan

## **Referral Form:**

Link for referral form: <a href="https://forms.gle/7c86GAWGTemAz1CP9">https://forms.gle/7c86GAWGTemAz1CP9</a>

Thank you and please let us know if there is anything we can do to help you in the management of your patient.

